

# GETTING READY FOR CHANGES IN MEAL PATTERNS

**WEDNESDAY, JANUARY 30**  
**1-3 MOUNTAIN, 2-4 CENTRAL**



## **DNN TRAINING FOR** **FOOD SERVICE STAFF                      EDUCATORS** **ADMINISTRATORS                      WELLNESS COMMITTEES**

- Steps to get ready for the expected changes to school lunch/ breakfast menu patterns
- Guidance on the school nutrition environment from USDA, Institute of Medicine, and Dietary Guidelines for Americans
- Using the HealthierUS School Challenge as a guide to menu changes
- Strategies to get students to eat legumes (dried beans)

**These sites  
will broadcast  
the DDN  
sessions:**

Brandon Valley Middle School  
Brookings Middle School  
Colman-Egan High School  
DeSmet DDN-HS  
Huron Middle School  
Lennox High School  
Menno MS  
Mitchell MIT TC 155  
Montrose Elementary  
Newell School

Capitol Studio A Pierre  
Plankinton High School  
Rapid City SDSM&T CB 109  
SDSU Brookings SPC 203  
Sioux Falls University Center 185  
Sisseton Middle School  
Tea SILDL High School  
Wagner High School  
White Lake Middle School  
Yankton High School



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